

Teams composed of seven players in varying levels (from beginner to advanced).

Skill
Level Description

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| 1 | This player has good shot anticipation. Can overcome some stroke deficiencies. Will approach the net and is often able to force an error or make winning placement. Can execute lobs, half volleys, overhead smashes with above-average success. |
| 2 | This player has now begun to vary his playing by adding the use of power and spins. Footwork is sound. First serve is above average in power and accuracy. Needs to improve second serve. |
| 3 | This player has dependable strokes and will use a variety of shots. This player can place the serve and force some errors. |
| 4 | This player's strokes lack dependability and variety. Player is able to direct shots away from opposing players, but unable to hit with depth when needed. Serve is somewhat consistent, but does not force errors. |
| 5 | This player can place with moderate success and can sustain a rally of slow pace. Not comfortable with all strokes. Lacks consistency in serving. |